

LifeTraits™ NEWS

TIPS, TRENDS, PRODUCTS



This Month:

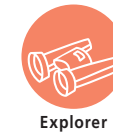
- LIFE TIPS
- BUILDER DESIGNER PARTNERSHIPS
- MERCHANDISING BY LifeTraits™
- RECIPE FOR SUCCESS
- LIFETIPS
- AND MORE



SPECIAL OFFER

For your fall season, subscribe now as part of your start-up kit

"YOUR LIFESPACE IS ANYWHERE YOU ARE HAPPY" –POLLY, AUTHOR OF [CREATING YOUR LIFESPACE](#)



“YOUR SPACE IS YOUR STORY.”
– POLLY ZELANY, AUTHOR OF CREATING YOUR LIFESPACE

LifeTraits™ Tools for Personal Design

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Explorer

LifeTips for kitchen windows:

Explorers: Try using wood blinds or textured fabrics with active patterns that will add additional pattern and color.



Naturalist

Naturalists: Look for colors that are mid-toned (not too light or too dark) in color. These go well with other natural materials such as slate.



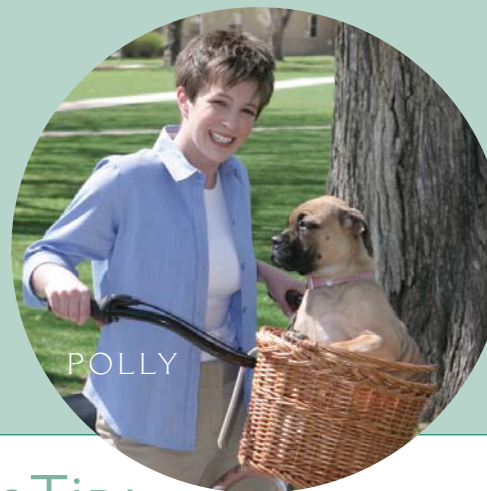
Director

Directors: Consider sheers that control light to conceal less desirable views.



Purist

Purists: Select styles you know will be clean with simple lines. Ornate products will distract from sleek granite. Keep shades light in color and contrast with darker countertops.



POLLY

LifeTip:

Plan for hidden storage as well as space for your favorite showcase items. Make a list of the things you want to showcase-- ie. decorative jars, potted herbs, and keep in mind your favorite things as you plan your kitchen.



AUGUST 2006

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Mint Lemon Tea

Pair with fruit, over ice, sweetened or just plain.

Steep 3 tsp. of loose leaf tea
6 sprigs of mint
2 cups water

In a separate container mix the follow with 2 qts. water
1/2 cup lemon juice
1 cup Splenda or sugar
Then add to tea mixture.

Life calms down and lets us catch our breath when we can have a glass of something cool & sweet. Enjoy the sense of time in your kitchen. I love coming in from a bike ride and relaxing with a cold glass of tea. And as summer runs into fall this is a special reminder of the long days we so enjoy.

Polly's Pick:

PRODUCT OF THE MONTH:

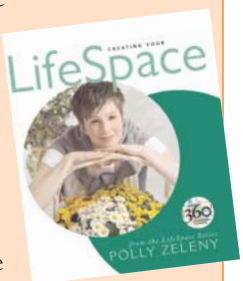
RealTouch Elite Gunsmoke Laminate Flooring durable, smooth, and cottage-like, this adds character to kitchens modern or traditional.



PERSONAL PHILOSOPHY:

I have a personal philosophy that has developed through my work as an interior designer: realize your dream in a space that will support you.

Whether you love decorating or find it challenging—understanding your personality with LifeTraits will help you discover and uncover the space you need.



Recipe for Success

Relax in the process. Enjoy thinking about incorporating your favorite things in your kitchen. Designing and planning a kitchen shouldn't be stressful. So much goes on in our kitchens, it's easy to think of everything at once. Start with cabinet and appliance color and explore from there.



TRENDS MAY COME AND GO BUT YOUR KITCHEN REMAINS AS THE GATHERING PLACE IN YOUR HOME – FOR FAMILY, FRIENDS AND GUESTS.